WORKING PAPER

# Conservation or Conventional Agriculture? A Soil's Perspective



## Conservation or Conventional Agriculture ? A soils' perspective



Highlights from the Sustainable Intensification of Maize-Legume Cropping Systems for Food Security in Eastern and Southern Africa (SIMLESA-II) project

Job Kihara, Michael Kinyua, Fredrick Ayuke, Lulseged Tamene Desta and Peter Bolo

April 2019

## Abstract

Conservation agriculture, combined with other good agronomic management practices, is important to achieve sustainable intensification. In east and southern Africa where SIMLESA project focused scaling efforts, little evidenceon changes in soils due to the practice of conservation agriculture available. While yield effects of CAare moderately studied, mostly in the short-term, a good understanding of other perspectives of CA including ecosystem services such as soil water and greenhouse gases regulation properties of life in soil and issues of nutrient cycling is needed This report presents key findingsby CIAT, with regard to soilbased effects of CA, a task undertaken during Phase II of the SIMLESA project. Key messages are:

- 1. CA presents a good opportunity to reduce potential chance of nitrogen leaching through temporary nitrogen lockup in applied residues
- 2. Practicing CA has no effect on average but moderates fluctuations of minimum and maximumsoil temperature relative to CT system
- 3. Practicing CA enhance the abundanceand activities of soilmicrobes, meso- and macrofauna, involved in cycling of nutrient such as nitrogen and phosphorus vital for crop growth and yield
- 4. The effects of CA on soil organic carbon are variable and largely depened to the actual management practice applied period/length of time of the practice, climate and the soil type
- 5. Emissions of greenhouse gases such asnitrous oxide are driven by the source and amount of nitrogen application and not by tillage practice
- 6. From a long-term perspective, practicing CA result in legumeyield benefits yet similar cereal yields compared to CT systems

## Introduction

Conservation agriculture (CA) affects soils chemical, biological and physical properties. While some of the effects are realized in the shortterm, others are only observed in the long-run. In East and Southern Africa where SIMLESA project focused its activities, there is little data on soil based effects of CA especially with a longerm perspective. Since 2010, trials established in various SIMLESA project focus countries (Kenya, Malawi, Mozambiqueand Tanzania) provided an opportunity to assessshort-term effects of CA. CIAT-managed conservation agriculture trial established since 2003 provided a longerm perspective. Key results on different aspects assessed are provided below.

#### Conservation agriculture and soil structure

Practicing CA promotes aggregation of soil particles which improves overall soil structure. Good soil structure is important for aeration, soil water infiltration and prtection of soil from erosion. Consistently, detailed analysis ontwo SIMLESA trials show that practicing CA improved soil structure (Table 1). Effects under a third trial of shortterm duration (2 years) were less clear. Tilling soils as done underconventional systems is associated with macroaggregate breakdown and disruption of macropore continuity.

Table 1. Effects of conservation agriculture on soil aggregate mean weight diameter in trials of different durations.

Trial duration	Treatment	Mean weight diameter (topsoil)
15-yr trial	СТ	1.03c
15-yr trial	CA	1.38b
15-yr trial	Minimum Tillage only (no residue)	1.32b
6-yr Trial	СТ	1.41b
6-yr Trial	CA	1.60a

#### Effects on soil loss and water dynamics

Practicing CA minimizeswater and soil loss compared toconventional tillage systems. Unlike the bare soil surfaces in CT systems, the residues in the CA systems provide surface cover tha reduce direct rain-drop splash effects on the soil, thus minimizing unoff, soil erosion and associated water and nutrient losses. Surface residues in the CA systems cover and insulate soil from direct solar radiation thus minimizing evaporation and improve water infiltration often evident by enhanced soil moisture. Conventional tillage destroys soil structure resulting to vgr loose soils and water infiltration potential is highly variable across a season. Besides, there is a developing hard layer at the depth of the plough (Figure1). Although not measured under SIMLESA, CA practices reduced runoff and soil loss by 53% and79%, respectively, compared to

conventional tillagen Ethiopia (Araya et al., 2011). Similarly, at least 60% reduction in soil losses due to CA is reported byLanckriet et al., (2012) in Ethiopia and inZimbabweby Nyamadzawoet al., (2012).



Penetration resistance (N/cm2)

Figure 1. Measuring soil infiltration under a CA system Tanzania (a) and penetration resistance example for CA and CT under SIMLESA trial in Eastern Kenya

#### Effects of long-term and short-term CA practices on Soil Temperature

Soil temperature data at 30 minutes intervals for a period of one year were obtained in replicates, per each management system in two conservation agriculture trials of different durations. Practicing CAmoderates soil temperature relative to CT system. Although the average temperature was not always influenced by CA(all systems had average temperatures between 20.16 and 20.84 °C), practicing CT always resulted in significantly lower minimum and significantly higher maximum temperatures than CA treatments (Figure 2)n other words, minimum and maximum temperatures more extreme under CT relative to CA, under our

tropical environments where assessmentswere done. The regulation of soil temperatures increases with the amount of surface residue retention.



Figure 2. Effects of conservation agriculture and residue retention on tempera**te** regulation in 6 year (top) and 2 year (bottom) trials inEmbu, Eastern Kenya from 1<sup>st</sup> April 2016 to 31<sup>st</sup> July 2016 (main cropping season)

#### Effects of CA practices on nutrient cycling and soil biodiversity

Nutrient cycling under SIMLESA was assessed hrough microbe enzyme activities. Practicing CA improves enzyme activities of the two most important nutrients in crop production in east and southern Africa namely nitrogen and phosphorus Under long term (13-yrs) experimentation in Western Kenya, practicing CA increased nitrogen mineralization rate by 74.5% and nitrification rate by 74.1% relative to CT systems in the first two months of crop growth In addition,



CIAT team retrieving resin bags used to study nitrogen mineralization in a long-term conservation agriculture trials during its 13<sup>th</sup> year.

Photo credit: Peter Bolo

practicing CA increases phosphorus mineralization ratbey 20% compared to CT.This is certainly aided by soil microbes. Practicing CA enhanced the abundance of phosphorus solubilizing microbes involving Aspergillus (64%), Penicillium (50%) and Trichorderma (37%) pointing to increased phosphorus solubilization in CA relative to CT **st**ems. Overall, practicingCA enhances 10- 50% increment in microbial functional groups whose activities within the soil strata form an important component of soil fertility improvement.

The capacity of CA in enhancing soil life (microbial growth andactivities) relative to conventional tillage systems is uncontested(see Figure 3). Microbial biomass is a common measure of soil microbes. In Kenyan trials, CA practices increased microbial biomass arbon (23.1%), microbial biomass phosphorus (73.1%) and microbial biomass nitrogen (12.1%) over conventional tillage In addition, microbial species abundance werelevated in CA than conventional tillage systems. For instance, practising CA increased the Glomeromycota (fungi) abundance by 11%. These increases are attributed to the conducive environments involving minimal disturbance, increased moisture and nutrient availability and microclimate that favour microbial species abundance in CA than CT.

Soil fauna are important soil engineersinfluencing soil aeration and water infiltration through burrows/tunnels in the soil. Practicing CA increased soil fauna population abundance and diversity in some sites and not others These results are contained in a new SIMLESA publication



(see Ayuke et al., 2019, in press).

Photos Collection of soil fauna in manure in a SIMLESA trial (a) and Berlese-Tullgren apparatus used for collection of mesofauna



Figure 3. Pictorial representation of soil health benefits of CA vs CT using data obtained from East Africa

### CA and Soil Organic Carbon

The effects of CA on soil organic carbon are variable and largely depend on the actual management and length of time, the climate and also quite strongly on the soil type or instance, in Malawi, practicing CA only increased (not significant) SOC in Kasungu (30%) and

Ntcheu (11 to 33%) relative to CT, with no observable effect in Mchinji, Lilongwe and Salima (Figure 4). The zero to modest effects on SOC are due to the shortterm (4 years) CA implementationperiod A similar observation was made in Tanzaniak(aratu) where practicing CA only slightly increased SOC in the subsoil but did not improve soil total and active carbon status Here, implementation of CA did not includæesidue application.From a longterm perspective (2003-2015), practicing CA(with 2 t/ha/season residue retention)resulted in somewhat elevated SOC levels in the topsoilrelative to CT but over time, all the systemswere losing carbon The overall differences are still not large considering theperiod of CA implementation but this is because the associated soils are dominated by 1:1 kaolinitic Ferralsolsthat do not sequester more carbon like the 2:1 clay types and there is high residue comminution by mcrofauna (Kihara et al., 2015). As a result, SIMLESA introduced cover crops in areas of Mozambique as an alternative source of mulch(see picture).



Figure 4. Comparison of conservation agriculture (CA) and conventional tillage systems on total soil organic carbon (SOC) stockin different sites in Malawi



Photo. Cover crops introduced in SIMLESA trials in Mozambique. Foreground shows high termite comminution of residues while the live cover cropprovide good ground coverage besides serving as a good alternative during drought season. Photo courtesy of Dias Domingos.

#### Conservation agriculture and greenhouse gas fluxes

Nitrous oxide emissionsare essentially the samein CA (zero tillage system with residue applicatior) and CT systems (purple and blue lines inFigure 5). These data show, under our systems, emissions of nitrous oxides are driven by the source and amount of nitrogen application and not by tillage practice. Thus although CA can promote lenitrification and release of nitrous oxide (Sommeret al., 2015) due to microbial activity in anaerobic sites of aggregates, thre are no notable differences relative to CT. Besides, the emissions are generally very low, overall less than 0.7 kg N<sub>2</sub>O-N/ha/season, hence, under the prevailing lowinput systems in smallholder systems, in-situ N<sub>2</sub>O emissions from soils are not of major concern and we cannot make conclusion for or against CA based on these itrous oxidedata. With regard to CO2, emissions and consequently the global warming potential are even higher in CT relative to CA (Robertson et al., 2000) due to tillage effects.



Figure 5. Cumulative nitrous oxide emissions during a long rains season in 2016.

#### Long-term trends in yield stability

Under long term perspectives, practicing CA often results toimilar yields with CT and this is the case with cereals (maize) in our study Interestingly practicing CA result in the highest yields of legumes (soybean) compared to CT systems. Besides, practicing CA improves yield stability compared to CT (Govaerts et al., 2005), although this varies by the particular CA practice and sites (Nyagumboet al., 2016; Mupangwa et al., 2017). In our long-term study in Western Kenya, 4 treatments under CA and 3 treatments under CT have either constant or improving yields over time, and these also perform well across different environments (i.e., regression against environmental mean)

The importance of rainfall distributions in influencing productivity and pottial for targeting irrigation interventions is revealed using the 30 seasons of assessmentRainfall amount (for dekads 6 to 8) and distribution (i.e. number of rainy days from dekad 7 to 10explain 46 to 56% of the season to season variations in production (Figure). In contrast, total seasonal rainfall explain no more than 19% of variations in grain yield. Although the least variance accounted for by the fitted variables is of CT system, there is little difference with the CA treatments. Interventions such as supplemental irrigation under limited water supplies and labour may have greatest benefits when targeted to dekads 6 to 10 which coincide with late May to early July and late Novemberearly January for long rains and short rains, respectively. Positive relationships between crop productivity and growing season precipitations observed also in Ghana (Ndamani and Watanabe 2014) and in Ethiopia (Bewket 2009) are expected only under conditions of moisture shortage (rather than excess; Huanget al., 2015) i.e., in our case, rainfall is relatively high during the first two months



Number of rainy days

Figure 6. Influence of rainfall amount and number of rainy days of targeted period on maize yield of a conservation tillage treatmentover 30 seasons

#### Nitrogen management

Nitrogen is a mobile nutrients with strong dynamics across the growing season influenced by timing of application, amounof nitrogen applied soil moisture, sampling depthand crop growth stage among others. At the SIMLESA trials of KALRO Kakameganineral-N in soil was by 58-72% higher in CT than in CA all through from planting time to late season even though both treatments had similar nitrogen application rate of 5 kg N ha<sup>-1</sup>. Similar results are observed at KARLO Embu site especiallyduring the early growth stages. Higher mineral N especially the ammoniumform is susceptible to volatilization and leachinglosses. Contrary to CA, CT systems without residue retention present large levels of mineral N in the soil which are prone to losses especially if high rainfall is experienced as is often both Western and Eastern Kenya SIMLESA sites.

Increasing rates of residue application underCA beyond 2 t ha<sup>-1</sup> depressed mineral N only at certain periods, e.g., the 2<sup>nd</sup> and 5<sup>th</sup> samplings. Such effect, called N lockup, is expected and is the main premise behind investigating nutrient management regimes for CA systems. Conservation agriculture practices can enhance nitrogen lockp compared to CT, but this may vary under different agronomic managementsFor Kakamega, 4 t ha<sup>1</sup> crop residue retention is a good bet. The nitrogen lockedup essentially subverts leaching and the nitrogen is subsequently released to support crop nutrient demand later on.



Photo. Scientists from CIAT Training a group of students and field staff on use of lysimeters to monitor nutrient leaching at KALRO Embu, Eastern Kenya

Under long term (30 seasons) assessments of full CA (no-till+residue+ maizesoybean rotation), practicing the CA resulted in higher meral N relative to CT without residuesmostly at the topsoil It seems, as expected, that nitrogen immobilization is no longer an issue after the long term application of organic resources under CA in this environment. On the other hand, aggregated agronomic data over the 30 seasons suggest requirement of a greater amount of nitrogen fertilizer application of 60 kg N ha<sup>1</sup> under CA unlike30 kg N ha<sup>-1</sup> under CT. In CA systems, higher rates of N application increase plant nitrogen status (chlorophyllard ings) while increasing residue has a slight depressive effect.



Photo. Obtainingsoil samples from SIMLESA trial (photo credit: Job Kihara).

Nitrogen use efficiency is hampered by nomapplication of highly deficient yet littlestudied secondary and micronutrients. That productivity of major crops is increased by 25% due to these

nutrients over what is achieved with macronutrients application is the key message of the SIMLESA publication(Figure 7). Titled "Application of secondary nutrients and micmutrients increases crop yields in subSaharan Africa" published inAgronomy for sustainable development journal, the publication (Kihara et al., 2017) has re-energized debate on these important nutrients (high attention score andthousands of downloads already and in the top 5% of all research outputs scored by Altmetric Interventions in soil fertility and agronomy must include appropriate fertilization to achieve maximumbenefits.



Figure 7. Forest plot of response ratios to micronutrient applications observed under different studies in SSA.

#### Conclusions and suggestions for the future

Conservation agriculture practices involving zero tillage and surface residue retention have higher potentials in promoting ecosystem health and productivity throughcreased soil faunal biodiversity compared to conventional tillage. The long term perspectives have shownCA to

produce similar maize grain and higher soybeanyields than CT. Besides, CA enhances yield stability relative to that of CT. Residue application in CAsystems provide surface cover that minimize surfacerunoff, soil erosion and the associated water and nutrient lossesIn addition, ensuring at least 30% of surface cover regulates soil temperature hence minimizing evaporation and improving water infiltration. Practicing zero tillage without residue application is not a good practice because it leads to reduction in soil faunal abundance, and thus compromising the realization of their bereficial roles i.e., soil aggregation, organic matter decomposition, nutrient transformations and cyclingIt is important to ensure that appropriate rates of residue and inorganic N are applied in CA to moderate N lockup effect which may implicate on crop production.

The following are suggestion for future research:

- 1. Broaden understanding of residue by nitrogen interactions across a range of soils and agro-ecological conditions
- 2. Increased understanding of the greenhouse gases effects of tillage and residue application
- 3. Studies on green manure cover crops as alternatives of residues with also a longerm perspective
- 4. Understanding of the biological implications of herbicide use under CA and potentially the nutritional effects
- 5. Response of CA systems after amendment by secondaryand micro-nutrients (S&M) in tropical systems. Utilizing & M may help in unlocking N use efficiency nd increase crop yields.
- 6. Research on multipleperspectives of CA such as role on provision of ecosystem services of soil management/healthis not widespread and more studies are needed across different soil types and agro-ecological zones
- 7. Opportunities for unlocking adoption including role of mechanization

#### **References**

- Ayuke F.O., Kihara, J., Ayaga, G., & Micheni A.N. (2019). Conservation agriculture enhances soil fauna richness and abundance in low input systems: examples from KenyErontiers in Environmental Science
- Kihara, J., Martius, C., & Bationo, A. (2015). Crop residue disappearance and macrofauna activity subhumid western Kenya.Nutrient cycling in agroecosystems102(1), 101-111.
- Kihara, J., Sileshi, G. W., Nziguheba, G., Kinyua, M., Zingore, S., & Sommer, R. (2017). Application of secondary nutrients and micronutrients increases crop yields isub-Saharan Africa. Agronomy for Sustainable Development87(4), 25.
- Bewket, W. (2009). Rainfall variability and crop production in Ethiopia: Case study in the Amhara region. In Proceedings of the 16th International Conference of Ethiopian Stud(International Stud(International Conference of Ethiopian Stud(International Stud(Internationa) Stud(Internationa) Stud(Int

- Sommer, R., Mukalama, J., Kihara, J., Koala, S., Winowiecki, L., & Bossio, D. (2015). Nitrogen dynamics and nitrous oxide emissions in a longerm trial on integrated soilfertility management in Western Kenya. Nutrient cycling in agroecosystems 05(3), 229-248.
- Robertson, G. P., Paul, E. A., & Harwood, R. R. (2000). Greenhouse gases in intensive agriculture: contributions of individual gases to the radiative forcing of that mosphere. Science 289(5486), 1922-1925.
- Araya, T., Cornelis, W. M., Nyssen, J., Govaerts, B., Bauer, H., Gebreegziabher, T., Oicha, T., Raes, D., Sayre, K.D., Haile, M., & Deckers, J. (2011). Effects of conservation agriculture on runoff, soil loss and crop yield under rainfed conditions in Tigray, Northern Ethiopi**S**oil Use and Management, 27(3), 404-414.
- Ndamanl, F., & Watanabe, T. (2014). Rainfall variability and crop production in Northern Ghana: The case of Lawra District. Society for Social Management Systems Internet Journal
- Govaerts, B., Sayre, K.D., & Deckers, J. (2005). Stable high yields with zero tillage and permanent bed planting? Field Crops Research94, 33-42.
- Nyagumbo, I., Mkuhlani, S., Pisa, C., Kamalongo, D., Dias, D., & Mekuria M. (2016). Maize yield effects of conservation agriculture based maizelegume cropping systems in contrasting agrecologies of Malawi and Mozambique.Nutrient cycling in agroecosystems 05, 275-290.
- Mupangwa, W., Mutenje, M., Thierfelder, C., & Nyagumbo, I. (2017). Are conservation agriculture (CA) systems productive and profitable options for smallholder farmers in different agreecoregions of Zimbabwe? Renewable Agriculture and Food Systems, 32, 8703.
- Lanckriet, S., Araya, T., Cornelis, W., Verfaillie, E., Poesen, J., Govaerts, B., Bauer, H., Deckers, J., Haile, M., & Nyssen, J. (2012). Impact of conservation agriculture on catchment runoff and soil loss under changing climate conditions in May Zegeg (Ethiopia).Journal of Hydrology475, 336-349.
- Nyamadzawo, G., Nyamugafata, P., Wuta, M., Nyamangara, J., & Chikowo, R. (2012). Infiltration and runoff losses under fallowing and conservation agriculture practices on contrasting soils, Zimbabwe.Water SA, 38(2), 233-240.